



Journey's
Favorite
Things

Favorite Food: Fruit (peaches, strawberry, raspberry, watermelon)

Favorite Snacky Items: Peanut Butter Crackers, Cookies, Candy!

Favorite Beverage: Chai Iced Tea

Favorite Self-Care Thing: Rosewater Spray

Favorite Scent: Mint

Favorite Activity: Painting, Writing, Nature Walks

Favorite Restaurants: Chipotle

Favorite Places to Shop: H&M, Target, Fred Meyer

Allergies/Other: None