



Sandra's
Favorite
Things

Favorite Food: Vegetarian Pastas and Mexican Foods

Favorite Snacky Foods: Chocolate, Nuts, Crackers

Favorite Beverage: I enjoy chamomile teas (cannot
drink coffee 😞)

Favorite Self-Care Thing: Mani/Pedi

Favorite Scent: Essential Oils?

Favorite Activity: Sleep

Favorite Restaurants: I love food. Anywhere is good

Favorite Places to Shop: Target and Amazon

Allergies/Other: Vegetarian and Dairy Sensitive